

Glenmore 10-mile times											
Forename	Surname	4/4/23	18/4/23	2/5/23	16/5/23	6/6/23	20/6/23	4/7/23	1/8/23	15/8/23	
		mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	
Lindsey	Alexander	33:02	32:52	31:30	21:32	21:20	31:34	31:51			27:26
Gill	Irvine		31:55							26:36	
Shona	Irvine	32:02		30:33	24:17		31:28	35:12		28:38	
Tash	Burley							31:10			26:47
Karen	Sherwood					24:20					
Louisa	Sturrock		30:34			19:33					
Adam	Alexander		26:10	25:47		17:45	24:44		22:04		
Alex	Ash		28:04								
Duncan	Edwards				16:53						
Hamish	Irvine		26:10								
Mick	Morris	26:32	26:39	25:15	17:21		25:38	26:07	21:47	21:57	
Iain	Morrison	31:29									
Mark	Munro	30:42		28:08		17:52					
Paul	Parrish			28:30	19:10	18:53		27:47		24:01	
Greg	Quin	25:42	25:43	25:14					21:39	21:32	
Calum	Scott					19:39	28:42				
Tom	Spencer		25:08			15:48	23:14	24:38	21:23		
Andrew	Stanley	31:23	30:03	29:35		19:57		30:01	25:37	25:26	
Peter	Sturrock		29:53								
Rob	Taylor	25:51		25:43							
Martin	Walker				19:15						

Combined results												Best 5 results					Total	Rank
Forename	Surname	4/4/23	18/4/23	2/5/23	16/5/23	6/6/23	20/6/23	4/7/23	1/8/23	15/8/23	1	2	3	4	5			
		Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points			
Lindsey	Alexander	24	23	24	25	24	24	24		24	25	24	24	24	24	121	2	
Gill	Irvine		24						25		25	24				49	5	
Shona	Irvine	25		25	24			25	23	24	25	25	25	24	24	123	1	
Tash	Burley							25		25	25					50	3	
Karen	Sherwood					23					23					23	6	
Louisa	Sturrock		25			25					25	25				50	3	
Adam	Alexander		22	22		24	24		22		24	24	22	22	22	114	4	
Alex	Ash		20								20					20	13	
Duncan	Edwards				25						25					25	10	
Hamish	Irvine		22								22					22	11	
Mick	Morris	23	21	24	24		23	24	23	24	24	24	24	24	23	119	3	
Iain	Morrison	20									20					20	13	
Mark	Munro	22		21		23					23	22	21			66	7	
Paul	Parrish			20	23	22		23		23	23	23	23	22	20	111	5	
Greg	Quin	25	24	25					24	25	25	25	25	24	24	123	2	
Calum	Scott					21	22				22	21				43	9	
Tom	Spencer		25			25	25	25	25		25	25	25	25	25	125	1	
Andrew	Stanley	21	18	19		20		22	21	22	22	22	21	21	20	106	6	
Peter	Sturrock		19								19					19	15	
Rob	Taylor	24		23							24	23				47	8	
Martin	Walker				22						22					22	11	

PTO for handicap results

